

VIOLENCE INTERVENTION & PREVENTION PROGRAM FOR MEN

Become the Change will run from November 18th until December 11th 2019.

**Become the Change** is an 8 module program for men, which will allow them to reflect on their personal attitudes, beliefs, and behaviors. The program will assist participants in making healthier choices for intimate relationships.

Pre-registration is required.

For more information or to register for an intake please contact Dana Sarauer at Canadian Mental Heath Association:

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