

VOLUNTEER!

We are always looking for new volunteers to join our amazing team of Crisis Line Responders.

If you are interested in an application form, it can be obtained by going to the CMHA-CCB website (Scan QR Code) or by emailing:

Evan Pantanetti

evan.pantanetti@cmhacariboo.org or

Rahne Brunsch

asstclsupervisor20@cmhacariboo.org.

If you have any questions we can be reached by email or by phone at 250-302-9232.



CALL FOR SUPPORT!

ICLN: 1-888-353-2273
310MH: 310-6789
1800 Suicide: 1-800-784-2433

www.interiorcrisisline.com



Interior Crisis Line Network
1.888.353.CARE(2273)
Your community safety net of C.A.R.E.



“No crisis is too small.”

INTERIOR CRISIS LINE NETWORK

Williams Lake



WHO ARE WE?

The Interior Crisis Line Network (ICLN) provides 24/7 non-judgmental support where our trained responders will be able to collaborate with a caller on safety/self-care plans, refer to local resources and provide a safe space to share.

ICLN was founded in 2012. Williams Lake is among one of five sites which provides crisis line services to the Interior region.

Canadian Mental Health Association-Cariboo Chilcotin Branch is the community-based partner agency for the Williams Lake site.

Our responders answer calls on the Interior Crisis Line and two provincial lines, 1800 Suicide and 310 Mental Health.

24/7 SUPPORT

In many rural areas, the Interior Crisis Line Network is the only resource available after-hours aside from the Emergency Department. By reaching out to the Interior Crisis Line Network, many people are able to navigate their mental health, addictions or crisis concerns without needing to engage emergency support.

STATS

The following stats are reflective of the Williams Lake Crisis Line for the 2021-2022 Fiscal Year.

- 2,197 calls taken.
- Call volume answered increased by 29.2% in total.
- 1,042 911/mental health interventions not needed due to ICLN responders supporting callers.

“Crisis Lines don't just save lives, they change them.”

- Asha Croggon ICLN Director

“Just knowing someone cared enough to answer the phone and listen to me made such a difference. It was a turning point.”

- ICLN Caller

“I am in awe of every person on our team. Crisis Line work attracts the most caring and compassionate people I know.”

- ICLN Site Coordinator



